2026 OUTDOOR ACTIVITIES

VIA FERRATA / VIA FERRATA / KLETTERSTEIG

set 14 €

Petzl y-set + harness + helmet + instructions / ≥135 cm body height / 3 fixed rope routes (B-C easy, C-D medium, D hard) close to lake
Return latest 09:00 next day. Please bring valid ID card.
GUIDED TOUR: +30 € per PAX (4–12 PAX)

CANYONING / CANYONING

palvico 89 €
Integral Canyon in varied water carved caves: roping ≤55 m, smaller jumps ≤6 m, slides, swimming
~4h: 120" wet + 🚗 20"

rio nero 89 €
Jurassic Canyon (lower part) in breathtaking nature: slides, higher jumps ≤12 m, focus on roping ≤25 m
~4h: 110" wet + 🚗 30"

vione 129 € plus 89 €
Johanna Canyon in sunny torrent beautifully located: roping ≤45 m, jumps, slides ≤9 m
PLUS: extended tour
~5h: 120" wet + 🚗 75"

KIDS / BAMBINI

re 79 €
easier tour in historic village: zip-lines, rock pools, climbing, waterfalls 5–20 m (4x)
~3h: 90" wet + 🚗 00"

jungle 47 €
soft canyoning in river on Passo d'Ampola: kids ≥6 years, abseiling ≤8 m, jumps ≤3 m
~3½h: 80" wet + 🚗 30"

BEST PRICE GUARANTEE! / tour with UIAGM mountain guide + equipment + free photos (download) / age ≥12 years + ≥135 cm body height / group max. 8 PAX per guide / high jumps are not mandatory /
Canyoning shoes can be rented extra or bring own sport shoes (no sandals).

TANDEM FLIGHT / BIPOSTO

paraglide 160 **hangglide** 160 **shuttle** private pilots 20 €

BEST PRICE! / all incl. / ~20" smooth paraglide or ~10" dynamic deltawing with certified pilot + GoPro video (download) + shuttle 🚗 35" / weight 30–110 kg
Mt. Stino 1466 m → Anfo 368 m (beach)
Mt. Alpo 1508 m → Baitoni 368 m (Idroland)

YOGA / YOGA

1h HATHA YOGA
classic 13 €
empowering & relaxing: basic yoga class for everyone with restorative breathwork exercises

1h YOGA & PILATES
yogalates 13
activating & dynamic: energized yoga meets Pilates core training to build strength and improve mobility

45min FAMILY YOGA
kids +0 € kids free 13 € adult
playful & creative: class for kids ≥4 years with participating companion
1–2 kids free

all incl. / outdoor yoga on beach lead by certified teacher Lisa + Super.Natural mat + block / beginners + advanced / minimum participants 2 PAX
Drop-in at regular lessons. Private lessons and breathwork classes on request.
DETAILS & TIMETABLE AT SURFPOINT.IT/CALENDAR

WORKSHOP / SEMINARIO

2h PADDLE & YOGA AT BEACH
SUP tour 26 €
2 x 20" easy paddling to yoga on secret spot
private SUP / kayak: -5 €

1–1½h WORKSHOP
SUP foil 99 € 72 €
learn to paddle, pump and fly on a SUP foil / good fitness required

surfpoint.it/calendar

MASSAGE / MASSAGIO

50min 60 €

all incl. / outdoor massage by professional therapist Carolina on floor or portable massage table
relax / sport / thai / Lomi Lomi Nui / acupressure / lymphatic drainage
Individual massages are possible on request.

MOUNTAIN BIKE / MOUNTAIN BIKE

mtb 20 € 4h 30 € day* **e-bike** 35 € 4h 45 € day*

hardtail mountain bike Shimano or SRAM + helmet + tour info / ***SPD:*** +2 €
Please bring valid ID card.
Bikepoint Anfo: +39/347/0554201
*1day: >6 h / Pick-up 18:00 previous day or return 09:00 next day optional.

BEACH / SPIAGGIA

service

1day for non clients
chair (→ beach) 04 €
umbrella 05 €
locker 03 €

deposit

	day	week	year
surf	05	20	120 €
boat	07	30	180 €
cat	09	40	280 €

Best price guarantee and booking service. Book tours of all cooperation partners and other regional operators without any additional costs at Surfpoint Anfo.

PETZL · [sn] super.natural

2026 WATER SPORTS

WINDSURF / WINDSURF

3h TRIAL LESSON / TRY-OUT
basic 67 €
1st day beginner windsurfing course for everybody
+1h free rental (same day)

3h LESSON UNITS
surf course 128 € 2 days 189 € 3 days
beginner + advanced / technique, safety, maneuvers, harness, first planning
+1h free rental / +1h free rental

INTERNATIONAL LICENCE
VDWS 28 €
incl. test fee
workbook: +7€
level sticker: +2€

WIND GUARANTEE! / all inclusive / theory + practice / age ≥10 years
3h ADVANCED LESSON in group +2h free rental (same day): 67 €
group 1–6 PAX per instructor / motorboat assistance / free lockers

KIDS/PRIVATE / BIMBI/PRIVATO

1h GROUP LESSON / 6–10 YEARS
playsurf 42 €
all incl. / playful learning to windsurf / special super light sails / group 1–3 PAX per instructor / low wind only

1h INDIVIDUAL / KIDS / ADULTS
private 82 € share 54 €
all incl. / private coaching for beginner or advanced
use private board + sail: -10 €

RENTAL ONLY / NOLEGGIO

1h 23 € pro 18 € basic **2h** 36 € 29 € **+1h** +11 € +08 € **1day*** 58 € 45 €

sail 1.5–5.0 + board + life jacket + wetsuit (shorty) / only sail or board: -40 %
PRO: freeride sail 5.0–8.2 m² + board 115-150l / ***HARNESS***: +2 €
MOTOR BOAT SERVICE: +10 € per lift upwind or rescue pick-up
*1day: >4 h (start wind → 18:00) / ≥3 days: ask for discount

WINGBOARD / WINGSURF / WINGFOIL

2h TRIAL LESSON / TRY-OUT
basic 83 €
1st day beginner wingsurfing course for everybody
+½h free if

1h PRIVATE / INDIVIDUAL
foil course 074 €
all incl. / safety, maneuvers, steering, upwind, take-off
WAKEFOIL optional: ~20" boat
+free lift upwind (optional)

INTERNATIONAL LICENCE
VDWS 28 €
incl. test fee
workbook: +7€
level sticker: +2€

WIND GUARANTEE! / all inclusive / theory + practice / age ≥14 years
3h ADVANCED LESSON wingboard in group: 83 €
group 1–3 PAX per instructor / motorboat assistance / free lockers

RENTAL ONLY / NOLEGGIO

1h 38 € foil 23 € basic **2h** 54 € 34 € **+1h** +12 € +09 €

wing 4.0–6.5 m² + multi-purpose board + life jacket / only wing or foil: -20 %
FOIL: Fanatic Sky Wing + hydrofoil 1350–2500 mm + Duotone wing + helmet

MOTOR BOAT SERVICE: +10 € per lift upwind or rescue pick-up

SUP / SUP

1h 14 € **2h** 23 € **+1h** +08 € **1day*** 47 €

Fanatic inflatable SUP board (stand up paddle surfing) + paddle + life jacket
DRY BAG waterproof: +2 € / ***KIDS PADDLE*** extra: +2 € / lost paddle: +40 €
PRIVATE TOUR: 40 € per guide 1h (1–16 PAX) excl. board
*1day: >5 h / ≥3 days: ask for discount

KAYAK/CANOE / KAYAK/CANOA

1h 13 € **2h** 19 € **+1h** +05 € **1day*** 39 €

Tahe sit-on-top kayak 1–2½ PAX + double paddles + life jackets
DRY BAG waterproof: +2 €
Please bring valid ID card.
*1day: >6 h

PADDLEBOAT / PEDALO

1h 16 € **2h** 28 € **+1h** +10 €

DRY BAG waterproof: +2 €
Please bring valid ID card (for guests outside Anfo).
NO RESERVATIONS!
*½h: 10 €

SAILBOAT / BARCA A VELA

1h 32 € **2h** 43 € **+1h** +07 € **1day*** 57 €

Albatros 435 cm + life jackets + dry bag
Please bring valid ID card.
SAILING SKILLS OBLIGATORY!
*1day: >4 h

info Any participation or use at own risk. Errors and omissions excepted. Prices in EUR and conditions valid for season 2026 until further notice. Cash and credit cards are accepted. All taxes included.

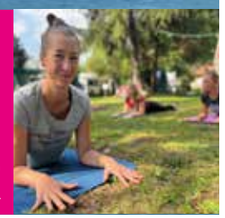
DUOTONE · ION · FANATIC · VDWS international

LAGO D'IDRO INFO

122m DEEP
11km LONG
368m A.S.L.

tourist info:
+39/0365/83224
www.lagodidro.it

* Italien Magazin 04/2013
SURF 04/1998
GEO Saison 05/1998
KITE magazin 05/2008
Kitelife 03/2008
MountainBIKE 10/2012
BIKE 10/1998, 09/2007, 06/2008, 09/2014, 03/2022
BIKE Alpenguide 2009
DAV Panorama 03/2007



SURFPOINT ANFO & VANTONE

Surfpoint Vantone is in Idro directly on the beach of "Sportcamping Rio Vantone". Surfpoint Anfo is located in Anfo near the bar "Spiaggetta" on a public beach (signs BIKE&SURF).

© 2026 Surfpoint Lago d'Idro, http://www.surfpoint.it

SURFPOINT ANFO 10:00–18:00
JUL–AUG 09:00–19:00
SURFPOINT VANTONE 10:30–18:00
JUL–AUG 10:00–18:30

2026 ANFO & VANTONE

SURFPOINT.IT
LAGO D'IDRO

Surfpoint Anfo Lago d'Idro

SUP BIKE YOGA SURF KAYAK

WWW.SURFPOINT.IT
WATER & MOUNTAINS
ANFO +39/339/4669945
VANTONE +39/339/2275994

LAGO D'IDRO SURFPOINT ANFO & SURFPOINT VANTONE

PEDALO KAYAKS & SAILBOATS
DISCOVER LAKE AND NATURE

YOGA & BREATH-WORK
ENERGIZE BODY & MIND AT THE LAKE

MOUNTAIN BIKES & E-BIKES
RIDE END-LESS SINGLE TRACKS

TANDEM PARA-GLIDING
A SCENIC FLIGHT OVER THE LAKE

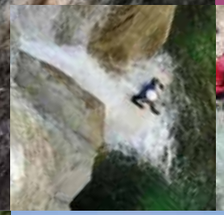
WIND SURFING COURSE
FUN WATER SPORTS FOR EVERYONE

SUP STAND UP PADDLING
EASY NEW TREND ON THE WATER

VIA FERRATA & CLIMB
FIXED ROPE ROUTES FOR ALL SKILLS

SURFPOINT.IT/CANYONING

CANYON-ING TOURS
THROUGH A WILD RIVER WITH GUIDE



FOIL & WING SURFING
FLY WEIGHT-LESS OVER THE WATER

SURFPOINT LAGO D'IDRO

.DE Sauberes, klares Wasser, die umliegenden Berge sowie eine moderate touristische Infrastruktur machen den Idrosee (Lago d'Idro) zu einem Ort für einen entspannten Outdoor-Urlaub. Im Sommer steigt die Wassertemperatur auf über 22°C. Neben zahlreichen Möglichkeiten für alpine Aktivitäten bietet die Region auch gute Bedingungen für den Wassersport*. So ist der Idrosee eines der bekanntesten Gewässer Norditaliens zum Kite- und Windsurfen. Durch die geographische Lage entsteht täglich ein thermischer Südwind, ähnlich dem Wind am Gardasee. Surfen kann jeder lernen, auch du! Ständige Betreuung bei den individuellen Kursen gewährleistet Sicherheit sowie raschen Erfolg.

.IT Le montagne circostanti, le moderate infrastrutture turistiche e un'acqua chiara e limpida fanno del Lago d'Idro (Eridio) una meta di relax e benessere. In estate, la temperatura dell'acqua è di più di 22 gradi. La zona offre le condizioni adatte per vari sport acquatici, oltre che per gli sport di montagna*. Il Lago d'Idro è uno dei laghi più famosi del Nord Italia per il kite- e windsurf. Grazie alla sua particolare posizione geografica, ogni giorno si forma un vento termale proveniente da sud, simile a quello che si può trovare sul Lago di Garda.
Tutti possono imparare il windsurf, anche tu! Una costante supervisione durante le lezioni individuali ti garantirà sicurezza e un successo immediato.

.NL De omliggende Bergen, een gematigde toeristische infrastructuur en schoon en helder water maken het Idromeer (Lago d'Idro) tot een bestemming voor een ontspannende outdoor-vakantie. In de zomer is de watertemperatuur boven de 22°C. Buiten de verscheidene mogelijkheden voor bergsporten biedt het gebied goede condities voor watersporten*. Het Idromeer behoort tot de bekendste meren voor kite- en windsurfen in Noord-Italië. Vanwege de geografische ligging bouwt een zuidelijke, thermische wind dagelijks op, vergelijkbaar met de wind aan het Gardameer. Iedereen kan leren windsurfen, dus jij ook! Continue begeleiding tijdens individuele cursussen garandeert veiligheid en snel succes.

.EN The surrounding mountains, a moderate touristic infrastructure as well as clean and clear water are making Lake Idro (Lago d'Idro) a place for relaxing outdoor holidays. In summer the water temperature exceeds 22°C. Along with various possibilities for mountain sports the region offers good conditions for water sports*. Lake Idro belongs to the most famous lakes for kite- and windsurfing in Northern Italy. Due to the geographical location, a southern thermal wind builds up daily, similar to the wind on Lake Garda. Anyone can learn to surf, you too! Constant supervision during individual courses ensures safety and rapid success.

SURFPOINT VANTONE
vantone@surfpoint.it
Stefan Meiseleder +43/650/2806824
Florian Meiseleder +43/680/2184295
Partita IVA: 04672790989

SURFPOINT ANFO
anfo@surfpoint.it
Bernhard Schachinger
+43/676/5956622
Partita IVA: 03539750988

SURFPOINT BIKE & TRAIL
bike@surfpoint.it
Florian Meiseleder
+43/680/2184295
Partita IVA: 04019680984

TORRE ANFO
torre@surfpoint.it
Lisa Posch
+43/650/9295992

WWW.SURFPOINT.IT
OUTDOOR ACTIVITIES & TOURS
ANFO@SURFPOINT.IT
INFO +39/339/4669945